

## Health Concerns

Please advise us of any health conditions, allergies or injuries that could affect your treatments or use of the Spa facilities.

## Pregnancy

We recommend that you check with your physician prior to experiencing any spa services.

## Reservations

Advanced booking is highly recommended to ensure preferred times are available, particularly if you choose to enjoy multiple bookings during your stay. The Spa provides walk-in bookings based on availability. To make a reservation from your guest room, dial 807 to call the spa reception.

## Lateness & Cancellation Policy

Please be aware that your late arrival may result in a reduction of treatment time as a courtesy to our next guest. We kindly ask our guests to give a minimum of 24 hours' notice for cancellations. With fewer than 24 hours' notice you will be charged 100% of your treatment price.

## Opening Hours

Spa Treatments 10:00 – 18:00  
Thermal Area 10:00 – 18:00  
Monday to Saturday  
Thermal Area 10:00 – 12:00  
Sunday

## Spa Contact Details

Telephone (Reception): 661111  
Email: [spa@comismountmurray.co.uk](mailto:spa@comismountmurray.co.uk)

Comis Hotel & Golf Resort  
Mount Murray Road, Santon

# SPA

Comis   
SPA & WELLBEING  
★★★★



## Massage

**The Revival** 50 minutes £65

A reviving massage focusing on your back neck and shoulders, tired feet and lower legs. Relieves muscle tension and puts a spring back into your step.

### Classic Massage

A bespoke Swedish massage tailored by your therapist to focus on your concerns be they muscle pain, stress relief or pure relaxation.

**Back, Neck & Shoulder Massage** 25 minutes £30

**Full Body Massage** 50 minutes £65

### Hot Stone Massage

Tension melts away as warm stones radiate heat deep into tight muscles leaving your body in a state of deep relaxation.

**Back, Neck & Shoulder Massage** 25 minutes £30

**Full Body Massage** 50 minutes £65

**Cleansing Salt Scrub** 25 minutes £30

A detoxifying and invigorating Elemis Frangipani salt scrub, to exfoliate and leave your skin feeling like silk.

## Face

**Mini Facial** 25 minutes £30

Following a skin consultation your Elemis trained therapist will personally prescribe the perfect treatment to work with your skins needs.

**Bespoke Facial** 50 minutes £65

Following a skin consultation your Elemis trained therapist will personally prescribe the perfect treatment to work with your skins needs.

**Anti Aging Facial** 50 minutes £75

Pioneering BIOTEC technology turbocharges touch to switch your skin back on, increasing its natural cellular energy. Tailored to your skins needs. The clinically proven result? Visibly healthy, nourished and energised skin.

**Gentlemen's Facial** 50 minutes £65

The high-performance facial for ageing, dehydrated skin and tired eyes - cleanses, tones and supercharges your skin.

**Thermal Journey\*** One hour £25

To upgrade your spa experience and enhance the benefits of your treatment, we recommend you arrive an hour before your treatment and enjoy the thermal spa journey. For convenience the spa will provide towels, slippers, shower caps and amenities required for use during your visit.

\*Subject to availability

## Spa Packages

**Spa use only** 2 hours £49

**Spa use (2 hours) followed by Afternoon Tea** £65

**Spa use (2 hours) followed by Sparkling Afternoon Tea** £70

Includes a glass of Prosecco

**Half Day Spa Packages** £105

Spa use, sparkling afternoon tea, access to the pool and gym and a 25 minute treatment

**Twilight Spa Package** £79

Spa use, a delicious grazing board and glass of wine, access to the pool and gym

\*Upgrade with a 25 minute treatment for an additional £30.

